## North Country Trail Association Individual Volunteer Hours Log

Name:	country	
Address:	ASSOCIATI	
City, State, Zip:	Please fill out separate forms and submit totals according to the calendar quarter: (Jan-Mar) (Apr-Jun) (Jul-Sept) (Oct-Dec)	
Email:	YEAR: (Circle quarter above)	
Activity	Hours	
	Category	

	Activity	Hours								
		Category							Total	
Date	Work Description and/or Location	Admin	General Resources	Natural Resources	Interp + Outreach	Maint + Construct	Train	Travel	Advocacy	
	Totals									