

Rockford

Segment



7m

→ Developed Path

2.25m

→ Developed Path,
Concrete Sidewalk



7m

To the North

The NCT joins the [Fred Meijer White Pine Trail](#) for about seven miles into the city of [Cedar Springs](#). It's a shared hiker-biker trail. It follows the river closely for about two miles, then continues through a level wooded section. The White Pine Trail is a rails-to-trails project as you will see at many points along this section. The trail turns west in the center of Cedar Springs near its business district where there are pubs, restaurants, and shops. The public library is just north and slightly east of the point where the NCT and the White Pine Trail part.

2.25m

To the South

The trail follows the [Rogue River](#) as far as the [Rockford dam](#) then turns east along Bridge St. Over the past thirty years, birders have observed 94 distinct species of birds in the area near the dam. [Water birds](#) are abundant – swans, [geese](#), and [mallards](#) can be seen most of the year; [wood ducks](#), [buffleheads](#) and [mergansers](#) are often seen in the spring. The trail passes through Rockford's business district; it has a number of restaurants, pubs, and other shops. The [Rockford public library](#) is at the corner of Bridge St and N. Monroe. Roughly a mile east, the trail crosses Wolverine Blvd. For you through hikers, there's a grocery store on the southeast corner.

The North Country National Scenic Trail (NCT) is a long-distance hiking trail similar to the Appalachian Trail that stretches across eight states from Vermont to central North Dakota. Part of the National Trails System, the NCT links scenic, natural, historic, and cultural areas allowing visitors to experience a variety of northern landscapes. When completed, the trail will be the longest continuous hiking trail in the United States. The total projected length of the North Country Trail is 4,800 miles, of which more than 3,100 have already been completed. In Michigan, the NCT also serves as the hiking route of the DNR's Iron Belle Trail. In Kent County (the most populous county on the trail), the trail includes roughly 37.1 miles off-road and 38.67 miles of road walk.

