



# GUIDANCE FOR COVID-19

Updated February 2021

*Guidelines will be reviewed regularly and are subject to change based on federal, state, or local orders and NCTA Executive Director guidance.*

As always, the CDC, federal, and individual state/local guidelines should be followed when making decisions about your health and safety. **When outside guidance differs from the guidance provided in this document, the expectation is that the more conservative guidelines are followed.**

## GUIDELINES FOR HOSTING/ATTENDING CHAPTER EVENTS

- + Work projects, hikes, meetings, trainings, and other **outdoor** events can be advertised publicly with the following guidance:
  - + Masks should be worn when social distancing isn't possible, and at all times on federal land per executive order.
  - + Participants must sign the standard NCTA release (provided by NCTA).
- + Groups should not exceed 10 participants (indoor or outdoor). Pre-registration or a mechanism to limit participation to a group size of < 10 is required.
- + Indoor events and meetings are not encouraged at this time. Mandatory indoor engagements must adhere to group size restrictions, mask requirements and other safety measures.
- + Chapters should have a plan to separate into smaller groups with separate hike or project leaders when needed.
- + Attendance at large public events and gatherings (e.g. expos, markets, etc.) as representatives of NCTA is not permitted.
- + Limit general travel. Carpooling and shuttles are not recommended. Masks must be worn in necessary carpool situations.
- + Chapters are responsible for monitoring the spread of COVID-19, and should avoid any hikes and events in locations with recent local or regional increases in cases.

## ILLNESS PROTOCOL

- + If you or a member of your household is sick (with any ailment) do not attend NCTA projects or events.
- + Volunteers participating in NCTA projects and events may be screened for health issues prior to participation. Participants are responsible for self-disclosing symptoms.
- + All participants are expected to follow the guidelines in this document, including those who have received the vaccine.
- + All volunteers must have access to the group leader's contact information to report any illness after the project. Crew Leaders/Supervisors must record names and contact information for each participant/volunteer through registration and/or sign-in at the project site. This can take place during the safety briefing prior to the state of any project.
- + Following an event, if you learn you had been in contact with someone that is known to have tested positive for COVID-19 or have been informed of a participant who tested positive, please alert the NCTA Executive Director **immediately**, so we can work together to properly notify other participants of the risk, as directed by law.

## LINKS

- + [Executive Order on Protecting the Federal Workforce and Requiring Mask-Wearing](#) (clickable)
- + [North Country Trail Association, Trail Alerts](#) (clickable)