**Notice of Possible Exposure to COVID-19**

[The \_\_\_\_\_\_\_\_ Chapter of the] / [The] North Country Trail Association (“NCTA”) has been notified that an individual that participated in an outing on \_\_\_\_\_\_\_\_\_, 2021 (“Outing”), in which you also participated, has been diagnosed with COVID-19. As a result, you may have been exposed to this virus. According to the Centers for Disease Control and Prevention (“CDC”), the virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced by an infected person.

The NCTA is taking measures to ensure the safety of our employees, volunteers, and participants. If you experience symptoms of COVID-19 illness, please contact your health care provider immediately and inform the leader of the Outing. The NCTA will keep all medical information confidential and will only disclose it on a need-to-know basis.

For more information on COVID-19, including symptoms and treatment, visit the CDC website at [www.cdc.gov](http://www.cdc.gov). Thank you, and stay safe!